

# C41(A)-- Three Principal Stages & Paths of Buddhist Practice

A Comparison of Tsongkapa's Lam Rim and the Teachings of H.H. Dorje Chang Buddha III

Classic Commentary in Three Volumes by Je Tsongkapa: Lam Rim Chen Mo  
*The Great Treatise on the Stages of the Path to Enlightenment*  
 (OPTIONAL for REFERENCE)

Lam Rims by Je Tsongkapa with commentary by Pabongka Rinpoche:

*The Principal Teachings of Buddhism*  
*Preparing for Tantra: The Mountain of Blessings*  
*Liberation in the Palm of Your Hand* (OPTIONAL for REFERENCE)

**1- Introduction**  
 Greatness of the Lineages  
 Greatness of the Dharma

**2-The Preliminaries**  
 Right way to Explain & Listen to Dharma  
 Practices During Meditation Sessions  
 Practices Between Meditation Sessions  
 How to take a Lama  
 How to take the essence of this life

G01(A)-HHDCBIII, Treasury of True Dharma  
 G03(A)-How Buddhism Came to the West  
 D01(A)-Supreme & Magnificent Dharma

DCB12-What Is Cultivation?  
 G03(A)-Five Vidyas  
 D35(A)-128 Evil & Erroneous Views  
 P10-Great Dharma of Zen Practice  
 DCB21-Intro & Title to Heart Sutra

**3-Initial Stage**  
 Provisional goal of high status, favorable rebirth. Stop non-meritorious behavior  
 Develop concern for next life-non-Buddhist

**Intermediate Stage**  
 Goal-escaping samsara, nirvana  
 Stop the misconception of self  
 Individual Liberation-Theravada

**Great Stage**  
 Goal of achieving Buddhahood  
 Stop all bad views, Develop bofichitta  
 Liberation of All-Mahayana

(Happiness in this and the next life are not Buddhist goals, per...)

Mindfulness of Death  
**DCB12-What Is Cultivation?**  
**D03(A)-Impermanence**  
 Suffering of the Lower Realms  
**D02(A)-Suffering**  
 Law of Cause & Effect  
 Four Laws of Karma  
 Ten Wholesome Behaviors  
 Taking Refuge  
 Aggregates, elements, dreaming, being good  
 Four powers of Purification

**4-Path of Renunciation**  
**D13(A)-Cutting Off Attachment to Self**  
 Suffering of Higher Realms  
 Four Noble Truths  
 Twelve Links of Conditioned Origination  
 1-Ignorance  
 2-Compositional Factors  
 3-Consciousness  
 4-Name & Form  
 5-The Six Senses  
 6-Contact  
 7-Feeling  
 8-Craving  
 9-Grasping  
 10-Becoming  
 11-Rebirth  
 12-Aging & Death  
**DCB23- Expounding Absolute Truth**  
**Lessons 20-21, DCB24-Lessons 22-23**

**5-Path of Bodhichitta**  
 Develop Bodhichitta  
 1-Seven-fold Cause & Effect Method  
 2-Exchange of Self & Other Method  
 3-Four Ways of Gathering Disciples  
 4-Seven-point Mind Training Method  
**DCB12-What Is Cultivation?-Lesson 3**  
**DCB35-Learning from Buddha**  
**P01 & S01-Mahamudra of Liberation**  
**Six Paramita Training**  
 1-Generosity  
 2-Ethics  
 3-Patience  
 4-Perseverance  
 Bodhisattva Vows

**6-Path of Right View of Emptiness**  
**Functionalist Schools**  
 1-Detailist or Abhidharma-Hinayana  
 2-Sutrist or Logic & Perceptual-Hinayana  
 3-Mind only or Yogachara-Mahayana  
**Independent & Implication Schools**  
 4-Mashyamika Svatantrika-Mahayana  
 5-Madhyamika Prasangika-Mahayana  
 6-Other Emptiness Other Schools  
**Six Paramita Training**  
 Dhyana (TA) & Wisdom (PRAJNA)  
**DCB21-Lessons 3-6C & 7, DCB 22 & 23**  
**DCB24 & 25 Expounding Absolute Truth**  
**P02X-Mahamudra of Liberation-"Verses"**

**7-The Conclusion**  
 The next steps after you have gained proficiency in the other stages of this path  
 Continue to Develop Bodhichitta and Prajna  
 Practice the Mahamudra of Liberation  
 Four Preliminary Practices  
 Seek Initiation and Practice Higher Dharmas  
**DCB26-How to Realize Prajna**  
**G36-Dharma that Every Buddhist Must Follow**  
 DCB35-Learning from Buddha-Lessons 4 & 5  
**P02X-SAUMOL Practice**  
**P03X-Vajra Yoga Perfection Dharma**  
**P04X-Green Tara Dharma**  
**R97X-Solitary Retreats-Xiuxing Practice Program**

These bold references are major teachings of H.H. Dorje Chang Buddha III available at the Learning from Buddha Seminary.