

Three Principal Stages & Paths of Buddhist Practice

A Comparison of Tsongkapa's Lam Rim and the Teachings of H.H. Dorje Chang Buddha III

TEXTS: Lam Rims by Je Tsongkapa with commentary by
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The Principal Teachings of Buddhism
Preparing for Tantra: The Mountain of Blessings
Liberation in the Palm of Your Hand (OPTIONAL for REFERENCE)

1- Introduction
Greatness of the Lineages
Greatness of the Dharma

2-The Preliminaries
Right way to Explain & Listen to Dharma
Practices During Meditation Sessions
Practices Between Meditation Sessions
How to take a Lama
How to take the essence of this life

G01(A)-HHDCBIII, Treasury of True Dharma
G03(A)-How Buddhism Came to the West
D01(A)-Supreme & Magnificent Dharma

DCB12-What Is Cultivation?
G03(A)-Five Vidyas
D35(A)-128 Evil & Erroneous Views
P10-Great Dharma of Zen Practice

3-Initial Stage
Provisional goal of high status, favorable rebirth. Stop non-meritorious behavior
Develop concern for the next life

Intermediate Stage
Goal-escaping samsara, nirvana
Stop the misconception of self
Individual Liberation-Theravada

Great Stage
Goal of achieving Buddhahood
Stop all bad views, Develop bofichitta
Liberation of All-Mahayana

(Happiness in this and the next life are not Buddhist goals, per se)

Mindfulness of Death
DCB12-What Is Cultivation?
D03(A)-Impermanence
Suffering of the Lower Realms
D02(A)-Suffering
Law of Cause & Effect
Four Laws of Karma
Ten Wholesome Behaviors
DCB21-26 Imparting Absolute Truth
Four powers of Purification
Taking Refuge

4- Path of Renunciation
D13(A)-Cutting Off attachment to Self
Suffering of Higher Realms
Four Noble Truths
Twelve Links of Conditioned Origination
1-Ignorance
2-Compositional Factors
3-Consciousness
4-Name & Form
5-The Six Senses
6-Contact
7-Feeling
8-Craving
9-Grasping
10-Becoming
11-Rebirth
12-Aging & Death
DCB21-26 Imparting Absolute Truth

5-Path of Bodhichitta
Develop Bodhichitta
1-Seven-fold Cause & Effect Method
2-Exchange of Self & Other Method
3-Four Ways of Gathering Disciples
4-Seven-point Mind Training Method
DCB12-What Is Cultivation?
DCB35-Learning from Buddha
P01 & 02X-Mahamudra of Liberation
Six Paramita Training
1-Generosity
2-Ethics
3-Patience
4-Perseverance
5-Concentration
6-Wisdom
Bodhisattva Vows

6-Path of Right View of Emptiness
Functionalist Schools
1-Detailist or Abhidharma-Hinayana
2-Sutrist or Logic & Perceptual-Hinayana
3-Mind only or Yogachara-Mahayana
Independent School
4-Mashyamika Svatantrika-Mahayana
Implication School
5-Madhyamika Prasangika-Mahayana
Other Schools
6-Other Emptiness
P01 & 02X-Mahamudra of Liberation
DCB21-26 Imparting Absolute Truth

7-The Conclusion
The next steps after you have gained proficiency in the other stages of this path
Continue to Develop Bodhichitta and Prajna
Practice the Mahamudra of Liberation
Four Preliminary Practices
Seek Initiation and Practice Higher Dharmas
G36-Dharma that Every Buddha Must Follow
DCB35-Learning from Buddha
P03X-Vajra Yoga Perfection Dharma
P95X-Solitary Retreats

These bold references are major teachings of H.H. Dorje Chang Buddha III available at the Learning from Buddha College & Seminary.