

R97X-Courses and Requirements for the Xuixing Practice Program

| Credits | Course ID | Course Title | Prerequisites |
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| <p>The following optional courses are recommended to give you background on H.H. Dorje Chang Buddha III and what Buddhist practice entails and to provide context for the other courses.</p> | | | |
| na | G01(A) | HHDCBIII: A Treasury of True Buddha-Dharma-(The Big Blue Book) | None |
| na | G40(A) | Thus Have I Seen: The Marvelous Buddha Dharma & Its Power to Transform -Testimonials from several disciples of H.H. Dorje Chang Buddha III. | None |
| na | V01 | Vimalakirti Nirdesa Sutra by H.H. Dorje Chang Buddha II given to Shakyamuni Buddha’s Arahat disciples to convince them to follow the Mahayana path of the Bodhisattva. | G02, D35(A) |
| na | B??? | Any of the biographies of great masters, matriarchs, and patriarchs (e.g. Milarepa, Dolpopa, Niguma). | G02, G03(A), D35(A) |
| | | Watch Video: “Discovering the Root of Buddhism, Propagating the True Buddha Dharma.” | |
| <p>The following are core courses that you need to master, reading and/or listening to them many times and taking them into your heart to practice.</p> | | | |
| 0 | G02 | Spiritual Autobiography | None. Required to take before enrolling in any other BS or XS courses. |
| 1 | D01(A) | Buddhism for Beginners, Listening to the Supreme & Magnificent Dharma | None |
| 1 | D02(A) | Buddhism for Beginners, On Suffering | D01(A) |
| 1 | D02.1(A) | Buddhism for Beginners, Good Fortune & Wisdom | D01(A) |
| 1 | D03(A) | Buddhism for Beginners, Impermanence | D01(A) |
| 1 | D03.1(A) | Buddhism for Beginners, Buddha Dharma | D01(A) |
| 1 | D06(A) | Buddhism for Beginners: Main & Preliminary Practices | D01(A) |
| 1 | D12(A) | Buddhism for Beginners, Twenty Dharmas | D01(A) |
| 1 | D13(A) | Buddhism for Beginners, Cutting-off Attachment to Self | D01(A) |

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| 1 | D22(A) | Buddhism for Beginners, Dharma Lineage | D01(A) |
| 1 | D35(A) | Buddhism for Beginners, The 128 Evil and Erroneous Views | D01(A) |
| 1 | D44(A) | Buddhism for Beginners, Esoteric Dharma | D01(A) |
| 1 | DCB12 | Buddhism for Beginners, <i>The Dharma of Cultivation</i> | G02, D01(A), D35(A) |
| 1 | DCB21 | +Advanced Buddhism, <i>Expounding the Absolute Truth through the Heart Sutra-Forwards, Introductions, & Title</i> | G02, D01(A) |
| 1 | DCB22 | +Advanced Buddhism, <i>Expounding the Absolute Truth through the Text of the Heart Sutra-I</i> | G02, D01(A), DCB21 |
| 1 | DCB23 | +Advanced Buddhism, <i>Expounding the Absolute Truth through the Text of the Heart Sutra-II</i> | G02, D01(A), DCB22 |
| 1 | DCB24 | +Advanced Buddhism, <i>Expounding the Absolute Truth through the Text of the Heart Sutra-III</i> | G02, D01(A), DCB23 |
| 1 | DCB25 | +Advanced Buddhism, <i>Expounding the Absolute Truth through the Text of the Heart Sutra-IV</i> | G02, D01(A), DCB24 |
| 1 | DCB26 | +Advanced Buddhism, <i>Expounding the Absolute Truth through the Heart Sutra, How to Realize Prajna</i> | G02, D01(A), DCB25 |
| 2 | DCB35 | Advanced Buddhism, <i>Learning from Buddha</i> | DCB12, D22(A) |
| 1 | P01 | Advanced Buddhism, Introduction to the SAUMOL | G02, D01(A), D02(A), D02.1(A), D03(A), D35(A), D44(A) |
| 1 | P02X | Advanced Buddhism, <i>Supreme and Unsurpassable Mahamudra of Liberation (SAUMOL)</i> | P01 |
| 1 | P10 | Buddhism for Beginners, <i>The Great Dharma of Zen Practice</i> | G02, D01(A) |
| 1 | R95(A) | +Short Term Retreat | G02, P10 |
| 2 | R97X | +30-day Solitary Retreat | R95(A), D03.1, D06(A), D12(A), D13(A), DCB35, P02X |
| 26 | | TOTAL CREDITS | |

You will also need to have taken refuge and progressed in or completed your “Four Preliminary Practices” and have an active yidam practice. You may use the Four-Armed Kuan Yin (Avalokiteshvara) yidam practice in “P03X-Vajra Yoga Perfection Dharma,” which requires “G36-Dharma that Every Buddhist Must Follow” in addition to the courses listed above as prerequisites. Any complete yidam practice that has the preliminaries, main, and concluding components and was received from an authentic Buddhist lineage may also be used. Any other needed Dharmas can be transmitted as part of the retreat. If you need extra Dharma, you should allow enough time at the temple prior to beginning your retreat. There are many other discourses by H.H. Dorje Chang Buddha III that you should also hear or read, but these are essential. Any course with a “+” are not available on-line at this time,

but the source material is available at the Holy Vajrasana temple and Retreat Center or other sources and some are discussed in various ZOOM sessions.

You should also join the Daily Holy Vajrasana Temple Chanting and Meditation Session at 6:00 am or do on your own as a daily ritual to start your day and as part of your three-times daily reflection and introspection.